

**10th Annual  
Liberty 5K Run/Walk**

Wednesday, July 3 • 7:30 PM

Race and Registration Location:  
402 Liberty St. • Morris, IL 60450

**Pre-Registration: \$25 • After June 23: \$35**

*Pre-register by June 14, 2019 to be guaranteed your T-shirt size*

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

E-mail: \_\_\_\_\_

Age on Race Day: \_\_\_\_\_ Phone #: \_\_\_\_\_

Gender: Female Male T-Shirt Size: XS S M L XL XXL

Race Day Emergency Contact Name & Number:  
\_\_\_\_\_

Are you a member of a running club? \_\_\_\_\_

Which club? \_\_\_\_\_

Are you on a Jr. High or High School track or cross country

team? \_\_\_\_\_ Which school? \_\_\_\_\_

Military /Veteran Status & Branch if applicable:  
\_\_\_\_\_

Would you like to make a donation to military organizations:

Please enter amount: \_\_\_\_\_

Please accept my entry fee for the Liberty 5K Run/Walk at 7:30p.m. on Wednesday, July 3, 2019. I verify that I am physically fit to participate in the Liberty 5K Run/Walk. I hereby release all groups and volunteers involved with the Liberty 5K Run/Walk from any and all rights of claims or damages, illness, or injuries suffered by my participation. I also grant permission for the use of my name, photographs, and/or video of my participation in the Liberty 5K Run/walk.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Please make checks payable to Liberty 5K Run/Walk. Mail this form along with your check to: Liberty 5K Run/Walk 105 E. Main, Suite 201, Morris, IL 60450. For more information please call: 815.941.0245.



Printing Issue 3-2019/3,000



**10th Annual  
Liberty  
5k Run/Walk**

Wednesday, July 3, 2019  
7:30 pm

Downtown Morris, IL

*Join us in the celebration of  
our nation's independence!*

**Benefiting local military  
personnel & veterans**

Stars, Stripes and Patriot Sponsors:

MORRIS HERALD-NEWS



City of Morris



## 10th Annual Liberty 5K Race Details:



### Registration Fees:

Pre-Registered (by June 23, 2019)

5K Runners/Walkers: \$25

5K Runners/Walkers, 14 and under pre-registered by June 23: \$18

Registration after June 23, 2019

All 5K Runners/Walkers: \$35

Junior Patriots Kids 1/4 Mile Run: \$5

(registration on race day only)

### Race Day Registration and Race

#### Bag Pick-Up

Junior Patriots Run: 5:00p.m.– 6:30p.m.

5K: 5:00 p.m.– 7:00p.m.

#### Start Times:

Junior Patriots 1/4 Mile Kids Run: 6:45p.m.

5K: 7:30p.m.

#### Location:

Registration will be held at the corner of Jefferson and Liberty Streets in downtown Morris.

#### Pre-Race Race Bag Pick-Up:

Friday, June 28, 2019

5:00pm–7:00pm

Ebbey George's Bar & Grill

402 Liberty Street

Morris, IL 60450

### Age Divisions:

Junior Patriots Kids Run: 11 and under

5K:

14 & Under	30-34	50-54	70—74
15-19	35-39	55-59	75 & Older
20-24	40-44	60-64	
25-29	45-49	65-69	

### Awards:

- Overall Top 3 Male and Female
- Overall Top 3 Male and Female Military
- Overall Top 3 Male and Female—Masters (40+)
- Top 3 of Each Age Division Male/Female
- Most Patriotic participant in Kid's Run

**Race awards will begin once all 5K results are available.**

**Overall winners will not be eligible for age division medals.**

**Results will be posted on [liberty5k.run](http://liberty5k.run)**

**The Liberty 5k is one of the runs on the Run 4 Morris circuit. Don't miss these other great runs!**

- April 13: Superhero 5k and Half Marathon

- May 4: "Race Away the Stigma" 5k

- August 3: anyBODY 5k

- September 28: Cornfest 5k

- October 19: Run the Beat 5k



### The Course

The course takes you through Nostalgic Downtown Morris and area parks and neighborhoods. The route is completely paved, primarily flat with slight hills.

**The Liberty 5K is a chip timed race on a certified course.**

Certification Code IL12005NB

### Online Sign-Up:

[www.Liberty5k.run](http://www.Liberty5k.run)

### Other features for 2019!

- Cash prizes to Top 3 Male and Top 3 Female Finishers.
- Cash prizes to the 3 running clubs with the most participants: **1st prize - \$750, 2nd - \$500, 3rd - \$300.**
- Recognition of Veterans & Active Military Personnel

**For additional information, to sponsor, or to volunteer, please contact:**

**Morris Downtown Development Partnership, Inc.**

815.941.0245



[mddp@downtownmorris.com](mailto:mddp@downtownmorris.com)